

Local Board Update from *Phelan Pirrie*

Phelan's Local Board Update August 2018

Much of what Council does is defined by central government decisions that drive and regulate the services and infrastructure we deliver.

In June the government released its National Policy Statement on transport which signalled a pivot towards road safety and public transport. This decision shaped Council's Regional Land Transport Plan because to achieve maximum government subsidies for its projects it needs to align with the transport agencies direction.

The change in government direction and subsequent change in focus of Auckland Transport and NZTA, the government agency responsible for State Highways, has worked in Rodney's favour. Auckland Transport's independence from political interference means it works on prioritising its budget on areas of need.

Rodney has the highest road death and serious injury statistics in Auckland, these have got worse over the last few years. This was behind the government's decision in 2017 to approve the Safe Roads Alliance's \$70 million project which will transform SH16 from Brigham Creek to Waimauku. NZTA also has a program of safety improvements along SH16 to Wellsford.

Auckland Transport has allocated more money to Rural Road Safety improvements and a significant increase in the road sealing budget. This will see welcome improvements to our roads.

Public transport is a major beneficiary of the new direction, we don't have much of it in Rodney but demand will grow as traffic inevitably worsens on the motorways. The proposal for light rail to Kumeu could be described as being in 'gestation'. It's a partially funded idea not a reality. AT's studies show a busway along SH16 like the North Shore's would be quicker and cheaper to build. Rail to Huapai seems to have disappeared off the radar of the government who will ultimately be paying the biggest share of upgrades to make it work. All of these things have vague start dates past council and general election cycles that make them subject to political change. The Local Board is well aware that scale of transport infrastructure needed across Auckland and the billions of dollars required to build it mean any solution for the North West could be a decade away and residents are clear they don't want to wait that long. We have an increased discretionary transport budget to \$1 million pa and with the targeted rate there is now a 'Rodney Transport Fund' of \$56 million which gives the Local Board an unprecedented budget that is purely for the benefit of Rodney. Obviously, we want to leverage this money to attract government subsidies and have started work with AT planning a park'n'ride for Kumeu and bus services that will link Huapai and Riverhead to the CBD and Albany, there is also work being done on a service linking Helensville and Kaukapakapa to Silverdale.

Your Local Board has quietly worked behind the scenes on evidence-based solutions to our issues. This requires a lot of effort and is not the easy route, but we believe that it is the one that will best serve Rodney. Our goal is to cement in long term gains for our region, this requires a collaborative approach that builds trust and confidence in the Local Board as a partner with councillors and the Mayor (regardless of who that is) who ultimately make the decisions about how funds are allocated across Auckland. If you want to contact me about council matters I can be reached on 021 837 167 or email me (below).

Phelan Pirrie, Deputy Chair,
Rodney Local Board
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THE THRIVE GUIDE

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Immune Boosting Bone Broth

Bone broth is full of amazing minerals that support our immune system, helping to fight off illnesses that may come our way especially in the cold and flu season. It hosts a load of health benefits. Even if your vegetarian, you can just skip the chicken/beef bones and make a vegetable broth which is still full of loads of goodness. It makes a wonderful base for any soup or add it to any meals that call for stock/liquid. In winter, drink it every day, especially in times of illness. For extra nutrition, add chopped greens to it before drinking.



To make:

Two chicken carcasses from a left over roast, or bones from chicken pieces etc - go for organic or free-range if you can. I save chicken carcasses in the freezer. Or you can purchase organic bones from Naturally Organic, Sausages by Design or Bostocks.

Veggies - for a free option ... when prepping other meals, wash and save the following in a container or bag in the freezer:

Carrots - peelings, including the tops & ends
Onions & garlic - peelings and tops and ends
Celery - tops, ends and leaves

Alternatively you could add these fresh - using chopped up carrots, onion, garlic and celery.
Bay leaves - 2-3

Peppercorns - 1/2 tablespoon (or less if required)

Himalayan or Sea Salt - 1 tablespoon

Apple Cider Vinegar - 2 tablespoons

Method:

- Put all the veggies and bones into your crock pot/slow cooker
- Add in the apple cider vinegar, pepper corns, bay leaves, salt
- Cover with cold water
- Put on low and let cook for 24 hours
- You may need to top up with water now and again.
- You may need to add extra salt, but do this at the end once cooking has finished.
- Once it has finished cooking, strain off into a container, discard the veggies and bones and you will have a beautiful, golden, immune boosting broth.

Head over to my website to find an amazing gravy to make using bone broth - you'll never buy that packet rubbish again! (go to Recipes, Main Meals)

Come on over to my Facebook or Instagram page **The Thrive Guide with Melissa Lowe** or my website www.thriveguide.co.nz for health and wellness ideas, recipes, and whole food tips for you and your family. See you there!

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Small Block Holders Course September - October 2018



We are now taking enrolments for our next 2018 Small Block Course. The course will run for two hours, once a week over six weeks starting Tuesday 4th September 2018. Common animal health conditions in sheep, cattle, calves, horses, pigs etc. will be covered along with worm control, legal requirements & animal handling. Extensive written information will be provided, backed up by an enlightening verbal & visual presentation from Dr Mark Anderson.

Course numbers will be limited so a quality learning environment will be achieved. The courses will be held at Vets North Helensville. There will also be a hands on field day at the end of the course where we get out & about on the small block & put some theory in practice.

Course Fees: \$525 (incl. GST)

To register &/or find out more information please contact Lisa or Arlene at Vets North Email: lisa@vetsnorth.co.nz or Arlene@vetsnorth.co.nz

Give us a call on 09 869 3045 or pop into the Clinic at 3 Keith Hay Court, Silverdale.

We are excited to help your pet live a longer, healthier life!
www.vetsnorth.co.nz



WAITOKI VILLAGE MARKET DAY

Saturday 11th August 2018

WAITOKI HALL, KAHIKATEA FLAT RD / 8.30 TILL NOON

Support your community; all proceeds from the Market go back to our local community.

Want to do your bit for the environment while protecting your property and orchard against Pesky Pests!

Come to the Waitoki Village Market Day Saturday August 11th and talk to a qualified pest control person, Adeline or Pauline who with numerous volunteers have been working on ridding Whangaparaoa Peninsula of pests, with great success, check out <https://pestfree.wixsite.com/volunteers>.

They will also have information regarding activities you can become involved in with the Forest and Bird Society; encouraging birds into your garden, bird counts, bush walks etc.

In addition, Nancy from Operation Christmas Child is coming to share in the "Joy of Giving" by explaining and showing how easy it is to bring joy to a child this coming Christmas season, by putting together a shoe box of small gifts to be sent to areas of poverty. Find out what is going on in your community; get involved in a friendly, relaxed atmosphere. Pick up baked goods, olive oil, plants, homemade and preloved bargains, Bric a Brac, preserves, and more at the Waitoki Hall, Kahikatea Flat Rd. 8.30 till noon Saturday August 11th.

Future market dates: Oct 13th / Dec 8th
New stall holders welcome, contact Gill PH: 420 3301
or email: waitokihall@gmail.com

ADVERTISING: SPACE AVAILABLE
Advertise with The Wainui & Waitoki Watch in 2017, the ONLY colour newsletter in the area reaching OVER 1300 homes.

Contact Charlotte Hopwood for more details:
charlotte.hopwood@harcourts.co.nz
Phone: 09 420 3217



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GREEN LIVING tip..

By Christina Neubert

(co-author of "Living Green" and owner of The Artisan Workshops)

Having decided you are all too nice to tell me I am a glass half empty rather than half full type of person, here is some good news for a change.

In defiance of Trump pulling out of the Paris Agreement on climate change, a rival coalition of U.S. governors, mayors, business and religious leaders paid for, and opened, an unofficial pavilion dubbed "America's Pledge: We Are Still In." They represented 15 U.S. states, 455 cities, 1,747 businesses and 325 universities, proclaiming its commitment to the Paris Agreement on behalf of the American people. Governor Jerry Brown of California and former New York City mayor Michael Bloomberg led the delegation.

Philanthropists and stepping up. The announced a \$300 support agriculture in Africa and Asia change. The William Foundation announced a \$600 million donation to working on climate solutions. The Foundation announced \$20 million in grants to local and global nonprofit organisations in conservation, human rights and the environment. Switzerland-based Oak Foundation has committed \$100 million to support ocean conservation activities, including the prevention of illegal fishing, support for small-scale fishery governance, protection of marine ecosystems and livelihoods, and a reduction in the plastic pollution in oceans.

And we postponed fireworks in Wellington for a week so that gorgeous whale could carry on having a ball, aren't we awesome?

Email: hello@theartisanworkshops.co.nz

The Artisan Workshops...Coming Up

How to prune my fruit trees - Sat 28th July 1-4pm

\$45.00 includes coffee and baking

We will be running another permaculture day and beginners sewing in spring, email: hello@theartisanworkshops.co.nz for details.



big companies are Gates Foundation million grant to research for farmers adapting to climate and Flora Hewlett announced a \$600 nonprofits that are Leonardo DiCaprio

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